

**Templates for Those Without Insurance**

**1. Medical Bills Tracking Template**

When you receive a medical bill in the mail, use this tracking sheet to gather your bills in one place. These could be paper or online virtual – be sure to save all your communications in a central area and note them in the template here. Be aware, some healthcare facilities bill separately for the provider and the actual location of the services.

Row Number for Tracking Bills	Date Bill was Received	Date on Bill for Healthcare Services	Provider / Facility Name	Description of Care	Total Amount Provider is Billing You / Amount you are Responsible for Covering
1.					
2.					
3.					
4.					
5.					